

The DAST-10 poses questions about a person’s possible involvement with drugs, *excluding alcoholic beverages*, during the past 12-month period. Each question requires a scoring number from below.

	Yes	NO
1. Have you used drugs other than those required for medical reasons?		
2. Do you abuse more than one drug at a time?		
3. Are you unable to stop using drugs when you want to?		
4. Have you ever had blackouts or flashbacks as a result of drug use?		
5. Do you ever feel bad or guilty about your drug use?		
6. Does your spouse (or do your parents) ever complain about your involvement with drugs?		
7. Have you ever neglected your family because of your use of drugs?		
8. Have you engaged in illegal activities in order to obtain drugs?		
9. Have you ever experienced withdrawal symptoms (felt sick) when ou stopped taking drugs?		
10. Have you had medical problems as a result of your drug use (eg, memory loss, hepatitis, convulsions, bleeding)?		

How to Score:

Individuals who respond “Yes” to 2 or more questions warrant further assessment.